

MESOTHERAPY

INTRODUCTION: First described in France by Doctor Pistor in 1958, mesotherapy controls pain and disease through localized micro-injections. It is a widely used in France as part of standard allopathic practice.

Mesotherapy can be used for a variety of medical conditions. In most cases, the aim of treatment is pain relief, muscle relaxation, and decrease in the inflammatory response. In traditional treatment, anti-inflammatory medication is prescribed to aid the healing process, but this takes time. Mesotherapy allows the physician to choose the depth at which to apply the medication to the inflamed muscle, which speeds up the recovery process.

HOW IT WORKS: Mesotherapy stimulates the repair of the mesoderm, which includes the skin, connective tissues, and adipose (fat) tissue. Treatment commonly reduces healing time, enabling the patient to resume physical activities more quickly. With successful treatment, patients can also eliminate their reliance on daily pain pills that can cause liver and kidney damage. Many patients experience pain relief immediately or within two or three days.

INDICATIONS: Mesotherapy can effectively treat musculoskeletal problems including tendinitis, arthritis, sprains, muscle strain, spinal disorders/pain, back pain, tissue degeneration, and neuropathic pain.

CONTRAINDICATIONS: Mesotherapy is not recommended for application over open wounds. Also, if a patient is allergic to particular anesthetics, care must be taken to inject an anesthetic that will not cause an allergic reaction.

TREATMENT PROTOCOLS: During treatment, small amounts of FDA-approved medications (non-cortisone, non-steroid) are delivered via local injections into the mesoderm (just under the skin). Injection formulas contain Procaine or Lidocaine and may also contain vitamins and homeopathics depending on the patient's specific condition. Depending on the condition, mesotherapy sessions are scheduled weekly for two to four weeks then bi-weekly for a month, along with adjunctive physical therapy. Some patients may need maintenance therapy several times a year.

Mesotherapy can be used in combination with essentially all traditional and natural medicine treatments, including prolotherapy and neural therapy. It complements other treatments, aiding in healing.